

HEMINGWAYS

EDEN RESIDENCE



SPA BROCHURE



Hemingways Eden Residence Spa

An intimate wellness retreat set within a private home and gallery, Hemingways Eden Residence Spa offers a curated selection of treatments designed to calm the mind, rejuvenate the body, and reconnect with nature.





MASSAGE THERAPIES

SWEDISH BODY MASSAGE

A soothing, full-body massage known for its gentle and flowing strokes — ideal for those seeking stress relief, improved circulation, and total relaxation.

60 mins
90 mins

KSH 8,000
KSH 10,000

BACK, NECK AND SHOULDER MASSAGE

Targets areas of built-up tension in the upper body, helping to relieve stress, improve posture, and restore ease of movement.

30 mins

KSH 4,000

DEEP TISSUE MASSAGE

A firm massage technique designed to release deep-set tension, loosen tight muscles, and alleviate chronic pain or stiffness.

60 mins
90 mins

KSH 9,000
KSH 11,000

AROMATHERAPY MASSAGE

A calming experience that blends gentle massage with carefully Selected essential oils to relax the nervous system and restore emotional balance.

60 mins
90 mins

KSH 9,000
KSH 11,000

HOT STONE MASSAGE

Heated basalt stones are used to warm the muscles, improve circulation, and melt away stress in this deeply therapeutic full-body massage.

60 mins
90 mins

KSH 9,000
KSH 11,000

BEAUTY TREATMENTS

MANICURE

A classic treatment including nail shaping, cuticle care, and polish to leave your hands soft and beautifully finished.

30 mins

KSH 3,000

PEDICURE

A soothing foot ritual featuring exfoliation, nail care, and polish for smooth, refreshed feet.

45 mins

KSH 3,500



OUR PRODUCT PHILOSOPHY

At Eden Spa, we use a curated range of natural, ethically sourced products to enhance every treatment. Our therapies feature Terres d'Afrique facial and body products, a luxurious line rooted in traditional African botanicals. We also incorporate organic essential oils and cold-pressed plant extracts such as moringa, aloe, coconut, and rosemary. Many of our scrubs and masks are handmade from local ingredients, including coffee, clay, and herbal infusions.

All treatments are customised to your skin type and wellbeing goals. Please inform your therapist of any allergies or sensitivities so we can ensure your comfort.

THE SPA

Open daily from 10:00 am to 6:00 pm.
Appointments outside these hours may be arranged upon request.

RESERVATIONS AND ARRIVAL

Advance booking is recommended. Please arrive at least 15 minutes before your treatment to allow time for check-in and consultation.

LATE ARRIVAL AND CANCELLATION POLICY

Late arrivals may result in a shortened treatment time. Cancellations made within 6 hours of your scheduled appointment or no-shows will incur a 50% charge.

HEALTH CONSIDERATIONS

Please inform us of any medical conditions, allergies, or pregnancy prior to your treatment. This helps us tailor your experience and ensure your wellbeing.

RESERVATIONS

T. +254 (0) 707 367 805

E: reception.eden@hemingways.co

W. hemingways-collection.com

LOCATION & CONTACT

Hemingways Eden Residence

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